

projekt współfinansuje dzielnica Białołęka

XII Judo Tournament for the Cup of Białołęka Mayor

Tournament dedicated to the memory of Coach Sławomir Pacholak

Warsaw, 7.11.2026

U16 (2011/12/13) / U14 (2013/14/15) / U12 (2015/16)

ORGANISERS: JUDO LEMUR CLUB, BIAŁOŁĘKA DISTRICT OFFICE	**www.zawodylemur.pl**
TIME AND PLACE OF THE TOURNAMENT:	**7.11.2026 SATURDAY** **SPORTS HALL OF THE BIAŁOŁĘKA SPORT CENTRE** **ul. Strumykowa 21, 03-138 Warsaw**
PHONE NUMBERS TO THE ORGANISERS:	phone number: 608 523 545 – Coach Mariusz Rowicki phone number: 608 306 346 – Coach Mateusz Pacholak phone number: 505 893 551 – Coach Łukasz Zatyka phone number: 666 230 201, biuro@judo-lemur.pl –Przemysław Jesionek
TOURNAMENT OFFICE DETAILS:	**SPORTS HALL OF THE BIAŁOŁĘKA SPORT CENTRE** ul. Strumykowa 21, 03-138 Warsaw 7.11.2026 from 7:00 AM till 6:00 PM
TOURNAMENT MANAGER:	Mariusz Rowicki, phone number: 608 523 545
TOURNAMENT REGISTRATION:	Only clubs can register the competitors (registrations made by parents will be invalid) by 11 PM on 4.11.2026 **AFTER THE ABOVE DEADLINE THE COMPETITOR WILL BE OBLIGED TO PAY AN ENTRY FEE 200 PLN/50 €** The clubs register online on: **www.judostat.pl** **The registration must contain the following information:** Name and surname of the competitor, year of birth, weight category The competitors have the right to start in a higher weight category after paying the second entry fee, the coach's and parents' consent is also required.
ENTRY FEE:	**ENTRY FEE – 120 PLN (30€) PER HEAD.** **In case of participation in two categories, the STARTING FEE is 2 x 120 PLN (2 x 30€)**
OFFICIAL WEIGHT:	**06.11.2026 (Friday)** PRIMARY SCHOOL NO. 112 ZAUŁEK STREET 34 - ADDITIONAL POSSIBILITY OF WEIGHING PLAYERS FROM ALL CATEGORIES FROM 7: 00 PM TILL 09: 00 PM. **07.11.2026 (Saturday) only in the competition hall.** MU14 - 08:00 - 08:45 AM, FU14 - 10:45 - 11:30 AM MU16 - 12:15 - 13:00 PM, FU16 - 02:30 - 03:15 PM MU12 - 03:45 - 04:30PM, FU12 - 06:00 -06:30 PM **YOU ARE REQUESTED TO ARRIVE AT THE BEGINNING OF WEIGHING, NOT AT THE END!**
MEDICAL TESTS:	Valid medical tests are required. Every competitor needs to have accident insurance. The competitor may also participate in the tournament after written consent from a parent or legal guardian

SYSTEM OF CONDUCTING THE TOURNAMENT:	**SYSTEM OF FIGHTS:** 2 competitors – up to two wins, 3-5 everyone against everyone, 6-8 Brussels system above 8-the French system. In the U16 category, Sutemi-waza, body lock, choking and knee drops can be used. In the U14 category, the use of body lock and choking is prohibited, but knee drops and Sutemi-waza are allowed. In the U12 category, Sutemi-waza, body lock, choking and knee drops are prohibited.
DISTINCTIONS AND PRIZES:	GREAT PRIZES can be won in the tournament! CUPS AND MEDALS for places 1st to 3rd in particular weight categories! After every played-out age category great prize will be drawn- ELECTRIC SCOOTERS and JUDOGI! (judogi weighing 350g). You can exchange for a judogi with a higher grammage on your own in the judomarket.pl store. For the first three teams cups and financial rewards: 3000 PLN for the 1st place, 2000 PLN for the 2nd place, 1000 PLN for the 3rd place.

CATEGORIES:

Category	Year	Weight	Fights	Weight categories	Fight time
MU14 Boys	2013/14/15	Boys 08:00 - 08:45 AM	Boys 09:30 AM	33/35/38/42/46/50/55/60/66/73/+73kg	2min + GS
FU14 Girls		Girls 10:40 - 11:30 AM	Girls 12:00 PM	30/33/36/40/44/48/52/57/63/+63kg	
MU16 Boys	2011/12/13	Boys 12:15 - 13:00 PM	Boys 01:30 PM	42/46/50/55/60/66/73/81/+81kg	3min +GS
FU16 Girls		Girls 02:30 - 03:15 PM	Girls 04:00 PM	40/44/48/52/57/63/70/+70kg	
MU12 Boys	2015/16	Boys 03:45 - 04:30 PM	Boys 05:00 PM	27/30/33/36/39/42/46/50/55/60/+60kg	2min
FU12 Girls		Girls 06:00 - 06:30 PM	Girls 07:00 PM	27/29/31/34/37/40/44/+44kg	

- **WE REQUEST PUNCTUALITY; PLEASE ARRIVE FOR THE BEGINNING OF THE WEIGHING NOT AT THE END!**
- **WE REQUEST UNDERSTANDING; IF THERE IS A DELAY IN THE FIGHTS, THE WEIGHING WILL BE CERTAINLY ON TIME.**
- **ONLY WHITE AND BRAIDED JUDOGI ARE ALLOWED, COMPETITORS IN KARATE ATTIRE WILL NOT BE ALLOWED TO PARTICIPATE!**
- **THE BLUE JUDOGI IS ALLOWED ONLY WHEN THE COMPETITOR IS CALLED OUT AS THE SECOND ONE AND ENTERS A FIGHT IN A RED WAISTBAND.**
- **FOR HYGENIC REASONS, WE REQUEST THAT THE COMPETITORS HAVE FLIP FLOPS.**
- **IN CASE OF TOO MANY REGISTRATIONS, WE RESERVE THE RIGHT TO CLOSE THE REGISTRATION PROCESS EARLIER THAN NOVEMBER 2nd**
- **WE RESERVE THE RIGHT TO JOIN CATEGORIES IN CASE OF TOO FEW COMPETITORS**
- **THE AWARD CEREMONY WILL TAKE PLACE AFTER THE PLAYOUT OF EACH AGE CATEGORY**
- **WE RESERVE THE RIGHT TO SEPARATE THE "+" CATEGORY DURING LARGE WEIGHT DIFFERENCES.**
- **THE ORGANIZER RESERVES THE RIGHT TO USE THE IMAGE OF THE PLAYERS ON PHOTOGRAPHIC AND VIDEO.**

ADDITIONAL INFORMATION:	On both the first and second day of the tournament, there is a possibility to order lunch- 30PLN/7€ per meal. Orders should be send to: biuro@judo-lemur.pl **till 04.11.2026.** Additionally, poke bowls and sushi burgers will be available for purchase on-site. If you want to make hotel reservations through the organizer, please contact us at: **biuro@judo-lemur**

JUDO market.pl Peritia Wycena Nieruchomości DELTA RUSZTOWANIA • SZALUNKI ROLETY SIEJKA phinance financial balance SKONFREN ASM GROUP SELL MORE. Lubas IBMAX www.taraszdrewna.pl
studio306 Agropol catering SUPER SPRZĄTANIE OPERA SKUTECZNE RAPORTY.PL maio Software House Fizjoklinika CAR WASH & DETAILING